



The Lycommunication

5TH FEBRUARY



WARM ORANGE SPOTLIGHT ILLUMINATING LIVE ROCK BAND PERFORMING ON STAGE
CC BY AIVUSH PACHNANDA-NC-ND

Rock'N'Com!

In this third issue, in addition to the usual current news, we have decided to deal with what is going to happen in the coming months, like Valentine's Day, the Super Bowl LIX or the Oscars Ceremony in Los Angeles, Cal.

Canada is our travel destination; discover this beautiful country and its major places to visit.

We have decided to focus in particular on coming events in our school as well, such

as the Rock'N'Com, with a special interview of the Audiovisual BTS students who will tell you what they do in their option. Next, on March, 1st, there will be our school's Open Doors, followed from March 17th to 22nd by a major event: the week for the environment. Discover the programme and get involved to make our planet better!

V.Stotz

LYCOM NEWS

The Rock'n'Com

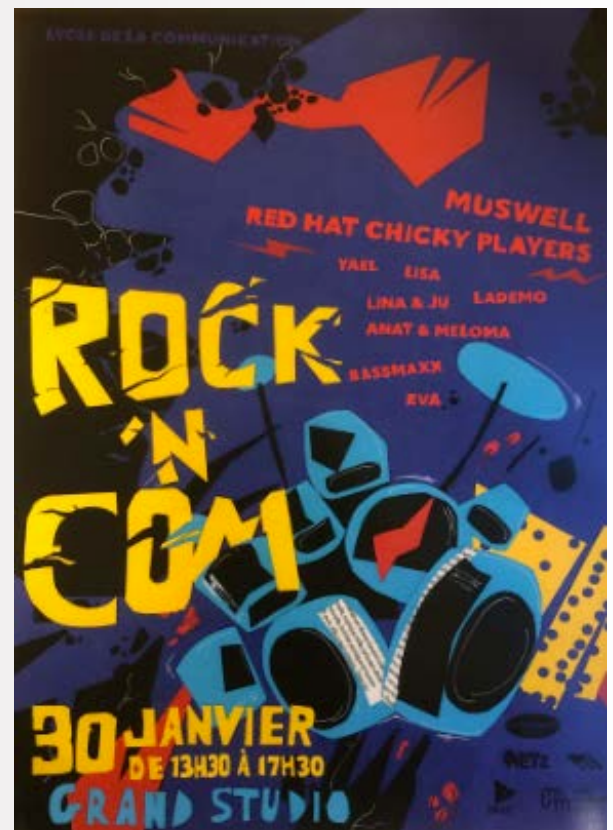
Have you ever heard of Rock'n'Com? No ? Then you need to find out! Rock'n'Com is an annual concert organized by the BTS students at the school.

This year, it will take place on January, 30th from 1:30 to 5:30 p.m. in the school's large studio. It's a chance to spend an unforgettable moment listening to rock music, discover hidden talents among the students, and even enjoy a unique experience by attending a show performed by real professional musicians!

Yes, you read that right! In addition to showcasing* the talents of our students, the school will be hosting* the "Red Hat Chicky Players" and "Muswell", who will be putting on an incredible show!

It's an opportunity to spend an exceptional afternoon, punctuated by quality performances.

Organizing this event is a huge* task! The BTS students are in charge of organisation, sound, posters, lighting, video recording, editing and so on! Everyone pitches in* to make sure you have the best possible afternoon!



Showcasing = presentation

Hosting = welcoming

Huge = immense

Pitches in = Participates

Interview with second-year BTS audiovisual students :

“What is your role in the organisation of the Rock'n'Com?”

“The first-year production management students do a lot more than us, but I can talk also about what they do in the organisation of Rock'n'com. They organise the whole event, so they choose the artists, they send the emails you need for

all the organisation of the casting and sound tests. They also must set up greenrooms for the guests, who are professional artists and from the school, and greet them in the best way possible.

As for us, second year, we must do three things: we have to write the credits to make sure everyone's name is written on it and everything is all right in a legal aspect. We also do the cue sheet, it's a document to organise the whole concert so it's minute by minute, artist per artist and we write on this document every technical aspect that is needed, every information that the technicians need. The last thing we do in second year, we are stage manager, so it consists in giving the green light to the artist to go on the stage and for the technicians to record the pictures and the sound."

Mathilde Hennequin, 2nd-year Production Management

"Our role mainly focuses on filming the concert and setting up, so, to do this, we prepare camera plans beforehand deciding on each shot that the camera will capture during the concert. During the event we follow the directors' instructions and film the shots they request while also suggesting additional shots from our side. For the lighting we decide on the effects and set up the spotlights. We also take some pictures of the musicians and the staff during the concert."

Marius Muhlich, 2nd-year Picture student

"My role is sound engineer for the audience, thanks to a control room that is placed behind the audience. The students in my option are responsible for the sound part of the Rock'n'Com. Mathis is a stage manager, Jules is a sound engineer,

Théophile is responsible for the song for the artists because he has access to the sound for the artist and audience and rec video and Liam is responsible for the final song of the rec video".

Louis Bach, 2nd-year Sound engineering

"I'm an engineering technician, basically we have to set up all the equipment, the tracking, the cameras, the cables for the camera operator. We also set the intercom; this is a way for everyone to talk to each other. Then we have to get all the flux to go to one place: the vision mixer. At the vision mixer there is a director who chooses which camera he wants to record with and then puts on the screen if there is a screen. All we do is only backstage stuff and the final step is to record everything at the Rock'n'Com"

Matthéo Chapitre, engineering techniques and equipment operation

"We are video editors, which is a post-production job, so in live concert we do not have a proper role. For this event we do the live production; we have two live productions at the same time: one for the screen in the concert and in the corridors and one to record. We can make a video to show how the concert went."

Ewen Pierre, Editing and post-production professions

One Week for the Ecology

Our high school has organised the ecology week for 3 years. In 2025, it takes places from 17 to 21 March. The teachers and the students have created workshops to celebrate this week and raise awareness about

the climate and the environment. It is very important for the high school because it is committed on this subject.

Here is the program :

Mr. Bernat + P.E. teachers: Green Walk

Mr. Van Vlemmeren: Visit of Haganis

Mrs. Schaff: Board games

Mrs. Vageon: Videos to educate and posters + flyer

Mr. de Golmard: Organization of workshops and a conference by EDF on power and climate

Mrs. Peil: Sky observation and workshops on natural household products or on reduction of the carbon footprint

Mrs. Stotz: Conference in English on the protection of oceans
Supervisors: boot sale, a meeting animated by 2 pupils on the fast fashion and the youth consumption. Cork collect and an escape game by the AED
House of Students: Flask sale and "the street" decoration
Mrs. Scolari: fashion exhibition and creation of a sea floor
Mrs. Lorrain-Berneiz: Goose game in Spanish
Mr. Gaborit: eco-designed product exhibition
Mrs. Gillet-Samuel: visit of L.I.E.C (Laboratoire Interdisciplinaire des Environnements Continentaux) and campus Bridoux

Interview of Mrs. Autugelle

Why did you decide to create this week? What was your goal?

“I think ecology is a worldwide preoccupation. I want to inform and raise awareness about this topic for your generation. This week is a highlight of the year because everyone makes workshops and works together on the environment. I feel concerned by this cause since our generation and the one before weren’t touched about the climate change.”

Will you continue in the following years?

“I haven’t made up my mind. I can’t project myself for the years to come. We have done it for 3 years now, so I don’t know, we will see.”

Will you improve different things for this event?

“There are new things like an escape game in real life. Every year, there are different changes but, deep down, it’s always the same thing.”

Are you satisfied with the results of this event?

“Yes, but the students don’t really give feedback, so, this year, I want to make a poll on Pronote.”



ILLUSTRATION DE PROTECTION DE
L'ENVIRONNEMENT DESSINÉE À LA MAIN
- CC BY UNKNOWN

Fast fashion: an environmental issue

There are several issues brought up with the environment week, such as the waste and the overconsumption of clothes due to fast fashion. Indeed, fast fashion is one of the most polluting industries as it is responsible for over 20% of global water pollution because of dyeing and finishing the products.

Furthermore, the production of only one cotton t-shirt requires 2,700 litres of clean water, which is the equivalent of someone’s water need for 2 years and a half. According to the European Parliament, more than half of worn clothes are wasted and thrown away, and 87% of used clothes in Europe end up landfilled. In the world, 92 million tonnes of clothes end up in landfills every year. It is the equivalent of a rubbish truck filled with garments ending up landfilled every second.



Only 1% of used clothes are actually recycled into new clothes, but new technologies which would help recycling clothes and therefore circular fashion are developing and growing. For example, in France, there is a new factory called “Nouvelles Fibres Textiles” which separates used garments into “high quality raw material for textile and non-textile manufacturing industries” according to its website.

There are other alternatives to recycling and transforming clothes. Indeed, in order to avoid throwing away clothes, you can give them to charities so they can help and give these clothes to people who need them. You can also sell them, if they are still in good condition, on the Internet. Or you can give them to your family, your friends, your neighbours. This will help the planet since giving does not pollute, but their wallet will also thank you considering you give them your clothes which you don't wear anymore.

To conclude, fast fashion and overconsumption in general are an environmental issue. Nevertheless, we can avoid it by selling or giving our clothes to other people who will wear them, or they can be recycled (even though technologies are still developing). So, next time you want to buy new clothes, ask yourself if you really need them, and when you sort your wardrobe out, think about giving your clothes to people instead of throwing them away.



Overconsumption : excessive use and purchases of clothes

To landfill : to bury

Landfill : where waste is buried under the ground

Garments : clothes

The Environment Week

Lilly's best friend Claire, is a student at the LYCOM. Her highschool is making actions during the Environment Week and Lilly would like to do the same!

My school has many projects for the week! Such as cleaning the street, creating a small second-hand market. And more...

OMG! That's amazing! That is such a wonderful event to save the planet with simple actions.

Lilly explains to her friends what Claire's school is doing for the Planet Earth. She thinks that not enough schools are making efforts.

If our school is not making any progress to help our dear planet, we all could make our own actions to also make small but useful steps for the environment! We can also encourage people among us to do the same.

Joshua started using his bike to go to school instead of being driven by car.

Some do now only buy clothes from second-hand markets and websites!

Larry unplugs each charger as soon as his devices are charged to the maximum.

Lilly only selects at lunch what she is sure to eat completely to stop the waste of food!

James' teacher started digitizing his lesson instead of printing photocopies.

Joshua turns the water off as much as possible when he showers and uses less hot water.

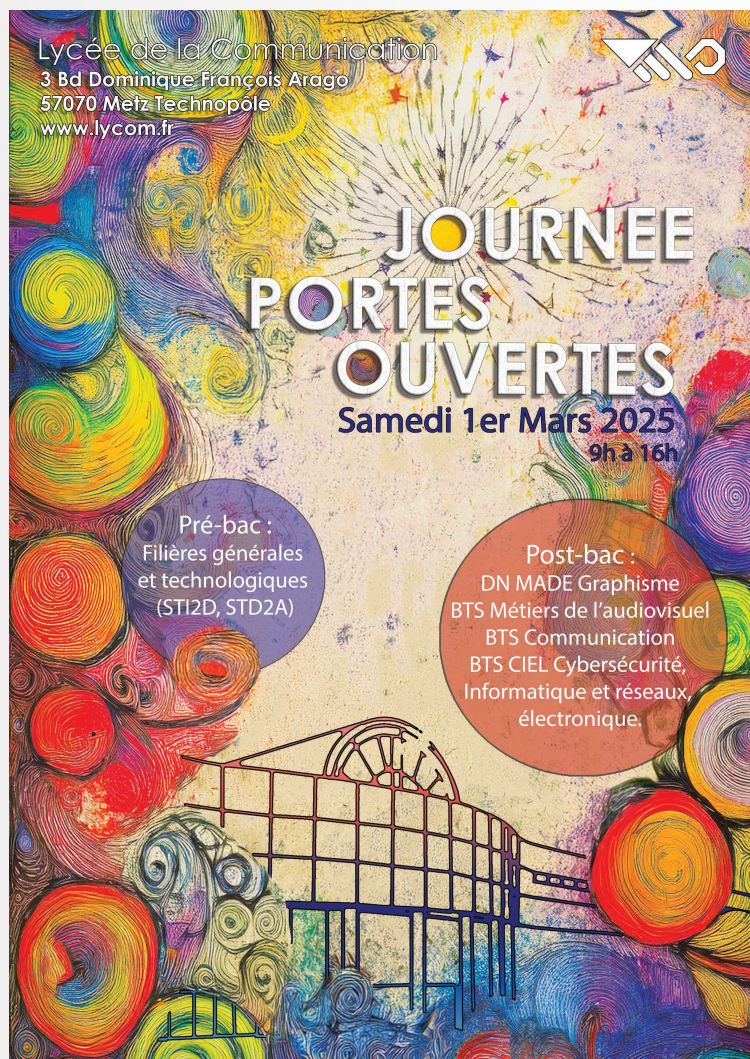
Thank you so much for saving our planet! Every small action matters. By choosing to recycle, reduce waste, save energy and protect our dear nature, we all contribute to a healthier environment! Together, our efforts everyday can create a brighter future for Earth, so let's not waste any more time and act today for tomorrow! ♥

Lycom's Open Doors

Step into the World of
"Lycom": unlock your
creative future!

Lycom's open doors will take place
this year on Saturday March 1st,
2025. You will be able to discover
a large variety of subjects you could
be interested in at 3, Boulevard D.
F. Arago 57070 METZ
Technopole.

From 9 a.m. to 4 p.m., our school will open its doors to prospective students and their families for an exciting and informative event. A lot of pupils will be at your disposal to make you discover our superb school! Indeed, many volunteers will be there to answer to your questions and give you a detailed tour of the school if you wish. You will be able to discuss with our teachers as well, so as to learn more about the available formations. In addition, a meeting will be organized for the parents in the amphitheatre.



A large variety of formations

Concerning the pre-Bac formations, this school offers general or technological Baccalaureate. If you decide to follow a technological one, you will have the choice between STD2A (applied arts) or STI2D (sustainable development). However, if you decide to follow a general one, you will be able to choose among 10 specialties including the "Audio Visual Cinema", one that you will find in Lycom only!

Moreover, not only you can find pre-Bac formations in Lycom but also post-bac ones. Indeed, BTS communication, BTS digital systems and BTS audiovisual are available as well.

It is very fascinating so if you are interested, we invite you to come to our open doors in order to discover more about it!

We hope to see many of you on Saturday
March 1st, 2025!

The National Health Service crisis in the United Kingdom

Since December 2024, the NHS has been facing a crisis marked by strikes from healthcare workers and immense pressure due to the winter flu epidemic. In January 2025, the Labour government proposed reforms to speed up diagnoses and reduce waiting times.

What's the National Health Service?

The National Health Service (NHS) is the public healthcare system in the United Kingdom, created in 1948 due to the establishment of the National Health Service Act of 1946. It provides medical care that is free at the moment, funded through taxes.

In France, the healthcare system is also public but works differently. Patients pay for consultations and treatment in advance and are then reimbursed in full or in part by the National Health Service (Social Security) and additional private insurers known as health insurance companies. The NHS in the United-Kingdom is tax-funded and provides free services immediately when needed, while the French system combines public funding with direct payments and reimbursements.

UNTITLED - CC BY [CHATGPT](#)



Since January 2025, the NHS crisis in England has intensified due to a combination of factors. Here's an overview of the situation:

Causes :

The crisis is driven by staff shortages, particularly in nursing and emergency services, as many workers leave due to burnout, poor working conditions, and low pay. The NHS also faces financial strain, with funding not matching the growing demand for care. Winter months worsen the situation, with increased hospital admissions for illnesses like flu and COVID-19, further overwhelming the system.

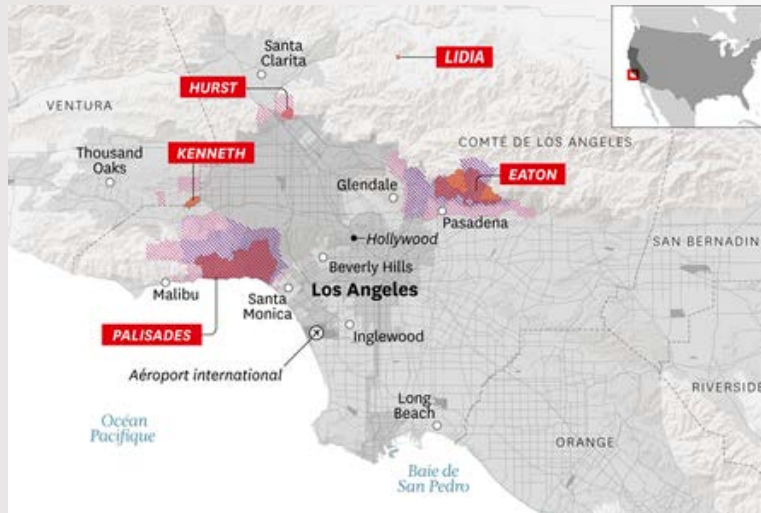
Consequences :

The consequences are serious. Hospitals can't handle the patient volume, causing long waits for emergency care, surgeries, and consultations:

People experiencing heart attacks or strokes waited over 90 minutes for an ambulance on average, the longest wait ever, with those in life-threatening conditions also facing record delays. Many face delays of weeks or months for non-urgent treatments, worsening health conditions. Healthcare workers are under intense pressure, leading to burnout and resignations, while the public grows frustrated with delays and lower care quality.

In summary, the NHS is facing a serious crisis due to understaffing, poor working conditions and lack of funding. This has led to long waiting-time periods for patients and protests from healthcare staff. To solve this problem, the government needs to improve working conditions, recruit more people to work in the health system and secure better funding for the NHS to provide quality healthcare for everyone .

Fires in California



FIRE MAP - CC BY
COURRIER
INTERNATIONAL

At the beginning of this year, starting on Tuesday January 7th, 2025, Los Angeles, California, faced strong winds, and because of the severe drought due to global warming, these winds caused many fires. Three major wildfires were for a long time uncontrollable: Pacific Palisade Fire, Eaton Fire and Hurst Fire. However, other smaller fires were put down quickly, such as Lidia Fire, Archer Fire, Woodley Fire, Sunset Fire, and Auto Fire. The most recent fire is Hughes Fire.

Those fires resulted in the death of 29 people and tens of thousands of residents were evacuated. In all, more than sixteen thousand hectares caught fire.

Overall, thousands of Americans have lost their homes in the fires and have become needy because they don't have any insurances. After watching many dramatic pictures and videos of the devastating fires, many celebrities have called on donations for the victims and in support of firefighters, for example, Taylor Swift and Leonardo DiCaprio. Moreover, many groups have promised to donate millions of dollars, like the streaming group Netflix which is planning to give more than 10 million dollars.

Finally, the situation in Los Angeles has been stabilized. Nevertheless, a new threat is hovering over L.A: heavy rains could lead to floods, on grounds which can't properly absorb the rain.

These dramatic and historical fires raise an issue: Los Angeles, and California in general, will probably suffer more and more from these extreme weather conditions and impacts. In the near future, we may wonder what the L.A 2028 Olympic Games will look like, but, on a larger scale, we may also fear that, due to the lack of involvement regarding the climate change, the USA will have to face such extreme events more frequently.

CC BY ETHAN SWOPE



Donald Trump's First Major Decisions as the new U.S President

Since he was sworn in on January 20 th , President Donald Trump has made several important decisions that show his focus on a nationalist and conservative approach. These actions aim to change US policies in many areas.

On immigration, Trump has signed an order to stop birthright citizenship, which means children born in the U.S. to undocumented parents will no longer become citizens automatically. This decision has caused many legal debates. He has also declared a state of emergency at the southern border with Mexico to strengthen controls and reduce illegal immigration.

Moreover, his willingness to tackle unlawful immigration already present on US soil is currently implemented with ICE patrols who arrest and send thousands of illegal migrants to their original country.

In foreign policy, Trump has pulled the US out of the Paris Climate Agreement again, focusing on using more fossil fuels and boosting energy production at home. He has also reduced US involvement in international organizations, saying they do not help America enough. President Trump also covets to expand the US territory by acquiring Greenland, reclaiming the Panama Canal, renaming the Gulf of Mexico as “Gulf of America” or even asking Canada to become the 51st US state.

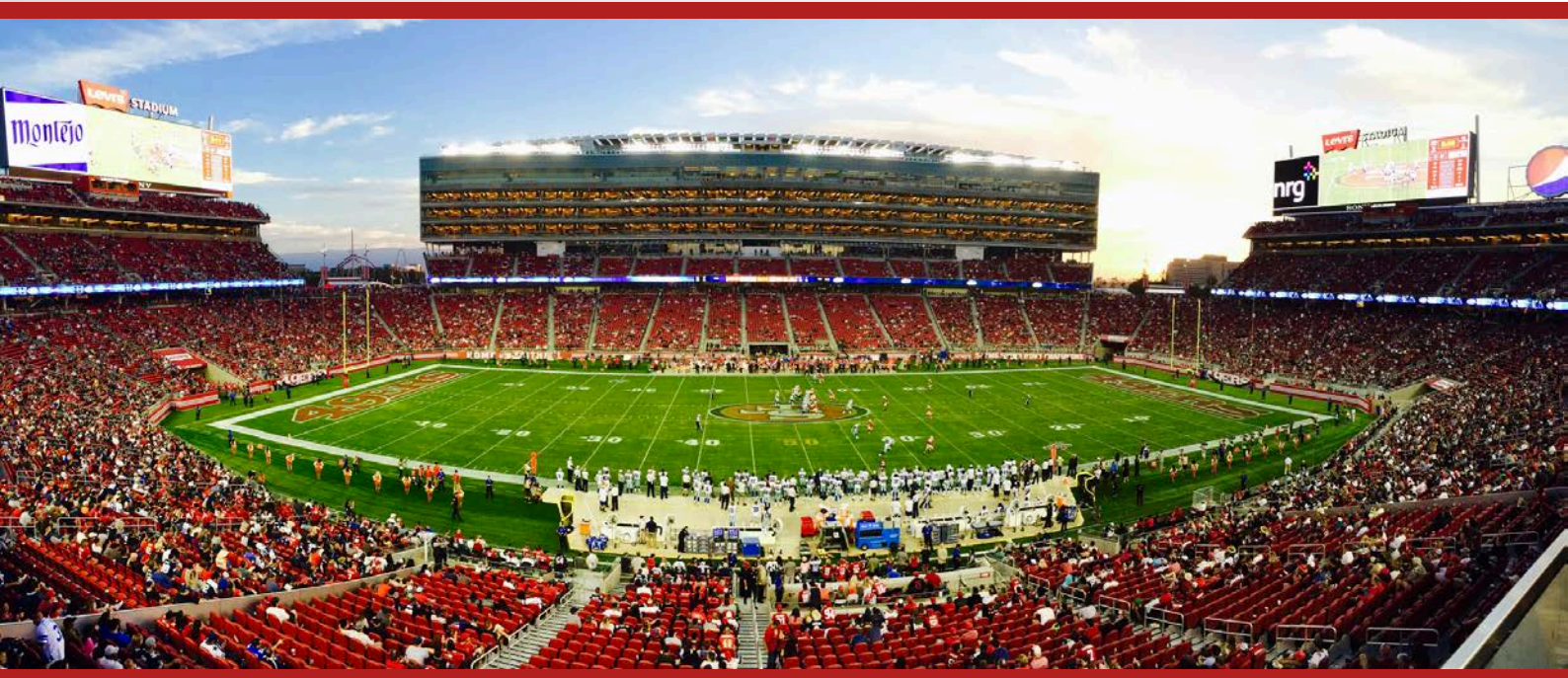
In government reforms, Trump has created a new department called the “Department of Government Efficiency” (DOGE). This project, developed with Elon Musk’s help, plans to improve government computer systems to save money and make public services work better by 2026.



INAUGURAL PORTRAIT, 2025 - CC BY
DANIEL TOROK

On civil rights, Trump has brought back a rule banning transgender people from serving in the military, reversing a decision made during the previous administration. This action has been criticized by LGBTQ+ rights groups.

For the economy, Trump has reintroduced taxes on imported products, especially from China, Canada, and Mexico. These taxes are meant to protect American businesses and encourage products to be made in the US. These decisions show that Trump is focusing on putting U.S. interests first. However, these actions have created strong debates and divided public opinion worldwide.



CC BY - ROBERT HERNANDEZ VILLALTA

Super Bowl 2025 !

The Super Bowl is America's championship for its National Football League (NFL) and takes place at the end of its annual schedule. It brings together two of its best teams, representing both its AFC (American Football Conference) and its NFC (National Football Conference), in a championship contest. The Super Bowl is not simply a sporting event, it is a part of America's pop culture, and an annual show for which many Americans tune in, even a casual fan of America's national pastime, football.

The 2025 Super Bowl will take place on **February 9, 2025**, at **Caesars Superdome in New Orleans, Louisiana**. Teams for the championship have been announced: the Kansas City Chiefs and the Philadelphia Eagles.

The two will contest a repeat of their two-year-old rivalry matchup. The Chiefs, with talented quarterback Patrick Mahomes, dream of a repeat championship in the Super Bowl. Some key players include tight end Travis Kelce, defensive lineman Chris Jones, and rising defender George Karlaftis. The Eagles have a strong lineup with running back Saquon Barkley, quarterback Jalen Hurts, defensive tackle Jalen Carter, and linebacker Zack Baun. Barkley, having played a standout season, will form a critical part of the success of the Eagles, and Hurts is a dual-threat player.

Not only will fans be looking forward to the big game, but to the amazing halftime performance, too. **Kendrick Lamar** will make an appearance for halftime, and everyone is predicting a performance for him that will rank high in years to come. Whether one is a football fan, a fan of big spectacle, or a fan of laugh-filled commercials, Super Bowl LIX will thrill an enormous television audience worldwide.

Canada : A country to discover

A beautiful country

First of all, Canada is known as one of the most beautiful countries in the world, because of its magnificent landscapes with over 900,000 gigantic lakes (Canada is the country with the highest number of lakes), each more beautiful than the last. Canada is also known for the variety of landscapes that the country offers. For example, in Canada, You can see some forests, lakes or mountain chains and even see these three landscapes at the same time ! There are also some famous things to see, like the Niagara Falls, or the Jasper National Park, which are famous internationally.



▲ LOUISE LAKE - CC BY [UNKNOWN](#)

A lot of things to do

Even if Canada is especially known for its beautiful landscapes, there are a lot of activities to do in Canada, for instance, you can do rafting on the Ottawa river or you can go watch a game of ice hockey, which is the national sport of Canada.

Moreover, this country is not really expensive (except for clothes), and the cost of living in Canada is on average 9,4 % less expensive than in the USA (according to Cost of Living), which means it is a good destination if you don't want to spend too much money. You can also go visit Ottawa, the capital of Canada.

ELODIE AND ANGELE'S ADVENTURES IN
CANADA - CC BY [UNKNOWN](#)



Advantages to choose Canada as your destination :

There are a lot of advantages to choose Canada as the destination for your vacation. First of all, this is one of the safest countries of the world, its rate of violent crime being a lot lower than a lot of other countries, because of its strict control laws about guns. Canada is the third safest country in the world for travellers (according to CIC News). As said previously, it is also less expensive, so you have to spend less money.

Important dates in Canada :

Canada's national holiday is July 1, known as Canada Day.

This date commemorates the creation of Canada in 1867, when Confederation was formed by the union of the first four provinces: Ontario, Quebec, New Brunswick and Nova Scotia.

November 11, 1918 : Armistice of the First World War. Canada, as a nation within the British Empire, played an important role in the First World War. The armistice signed at the end of the war is commemorated each year on Remembrance Day.

Justin Trudeau : A Remarkable Career and an Unexpected Resignation

Sources from : Reuters, The New York Times, BBC News, The Wall Street Journal, Al Jazeera, AP News, Forbes, TalkSport and Financial Times

Justin Trudeau, son of former **Prime Minister Pierre Elliott Trudeau**, was born in Ottawa on 25 December 1971 and grew up in a politically active environment. After studying English literature at McGill University and education at the University of British Columbia, he worked as a teacher before entering politics. In 2008, he was elected Member of Parliament for Montreal's Papineau riding, quickly gaining attention for his charisma. In 2013, during a difficult period for the Liberal Party, he became its leader and led it to a decisive victory in the 2015 federal election, becoming **Canada's 23rd Prime Minister**.

During his time in office, Trudeau championed **progressive policies**, focusing on **environmental protection**, **gender equality** and **improving relations with Indigenous peoples**. He was re-elected in 2019 and 2021, although his party only managed to form minority governments.

Despite the controversies, Trudeau remained a prominent figure in Canadian politics.

However, on **6 January 2025**, after nearly a decade in office, **Trudeau announced his resignation**. His decision stemmed* from **declining public support**, **internal party tensions**, and widespread dissatisfaction with his handling of domestic challenges, including **inflation**, the **housing crisis**, and **health care issues**. A key moment was the resignation of **Deputy Prime Minister Chrystia Freeland**, who disagreed with Trudeau's economic policies, particularly on US-Canada trade relations. Her departure exposed deep divisions within the Liberal Party.



In his resignation speech, Trudeau acknowledged* the difficulty of leading while managing 'infighting*' and expressed his belief that new leadership would give Canadians a clearer choice in the next federal election, scheduled for October 2025. His resignation marks a significant political shift, paving the way for change in Canada's political landscape. Pierre Poilievre, leader of the Conservative Party, has emerged as a strong contender for the country's leadership.

This decision coincided with escalating **tensions** between **Canada** and the **United States** under President **Donald Trump**. Trump had threatened to impose significant tariffs on Canadian goods, prompting concerns about the future of bilateral relations.

In response to Trudeau's resignation, **President Trump suggested that Canada should consider merging with the United States**, proposing that such a move would eliminate tariffs, reduce taxes, and enhance security against external threats. Trudeau's resignation, amid these geopolitical challenges, has led to a **period of political uncertainty** in Canada. The Liberal Party now faces the task of selecting a new leader to navigate the complex relationship with the United States and address domestic issues. This development underscores the intricate interplay between domestic political dynamics and **international relations**, particularly in the context of Canada's interactions with the United States.

Definitions :

stemmed = caused

acknowledged = recognized

infighting = internal conflicts

CANADA LANDSCAPE CC BY CÁNVA



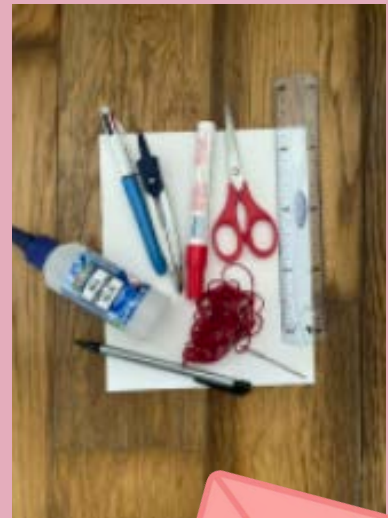
Valentine's Day card DIY

To make your Valentine's day card
you will need :

- a sheet of white cardboard paper
- a pencil
- a compass
- a needle
- a coloured thread
- a black pen



First, take a piece of white paper of 5 inches X 6,5 inches



CC- BY WildColorz
on PINTEREST

Draw a **big heart** on it with a pencil !



Take the **compass** and make **small holes** all around the heart



Next you will need a **needle and a thread of the colour you want**, pass the thread inside the hole of the needle and make a knot at the end



Pass the needle in one of the holes from **underneath** and pass the needle in another hole at the other side of the heart.

Repeat this step until you have been through all the holes of the heart. Don't forget **to make a knot** at the back of the card once you are done !





Stick a **piece of white paper at the back of the card** to hide the little pieces of threads then you can **write a message to the person you love !**

And finally take your black pen and **write whatever you want** below the heart, but you can obviously write “Happy Valentine’s Day”, then draw some hearts all around the big heart !



The Oscars Ceremony : Did you know ?

The famous Academy Awards ceremony with the little golden statues will take place on March, 2nd 2025 at the Dolby Theatre in Los Angeles, Cal. To celebrate, how about we teach you a thing or two about this so famous event ?



The first Oscars ceremony was held in **1929**, created to honour people of all branches of the film-making industry and awarding them.

The youngest Oscar winner was **10 years old** at the time ! It was **Tatum O’Neal**, who won the Best Supporting Actress award in 1973. But **Shirley Temple**, at the age of 6, got an Honorary Juvenile Award in **1934**

The country with the most Best International Feature Film awards won is **Italy** (with 14 wins), while our dear country, **France**, holds a record of **37 nominations in this category**.

The origins of the name “Oscar” was never really clear, as three people claimed it. One of the stories behind it being from **the librarian and president of the Academy Margaret Herrick**. She claimed to have named it in **1921** after her uncle Oscar.

Overall, the statue represents a **knight, holding a sword and standing on a film reel**. Drawn on paper by **Cedric Gibbons**, chief art director at MGM and brought to life by LA artist George Stanley, it first appeared on TV in **1929**.

The longest standing ovation of the Academy Awards was **12 minutes** long, and it happened in **1972** ! It was when the famous actor and comedian **Charlie Chaplin** received an honorary award.